

EMPLOYEE WELLNESS



At SHW, wellness is more than a program, it's a core part of our culture.

The Wellness Committee strives to create a culture of whole wellness by enriching the lives of SHW employees through building team rapport. This includes fun engaging activities, appreciation events, and incorporating the 8 Dimensions of Wellness to help strive to create a work environment that encourages employees personal and professional productivity, physical and mental well-being and foster a worksite culture that promotes overall health and wellness.

SHW employee physical wellness was supported this year with universal memberships to Fitness Coliseum for each employee and their dependent. This membership allows our employees to focus on their own physical and mental health, allowing our employees to then continue to provide quality care to the individuals we serve.

Our employees' favorite events from this year:

Family Picnic at the Park

Employee Appreciation Day that included Taco/Nacho Lunch for all staff

Spirit Weeks

Rock Painting Days

June-Clusion- wear shirts that represents them or makes them feel proud

Chili Cook-Off

Cubicle/Costume Contest

Board Room Birthdays



Spirit Weeks



FitCorp



Unity Day



Rock Painting

